





High in fibre, iron, and protein!
Low in fat and cholesterol!
Moderate in salt and sugar!



Healthy Soup

Ideal for adding flavor to our favorite recipes or serving as a delectable soup



Spices Mix

The perfect blend of various spices blend including paprika, turmeric, ginger,salt, lemongrass, garlic etc.



Chickpea flour

A unique & complimentary soup with a blend of spice mix & pre-cooked chickpea flour. No Gluten ingredients.





Periect for Brunch/ breakiast

Moe Mint-Har-Gar soup mix is the perfect soup mix to add in your everyday meal. It is perfect for any weather so enjoy a day out for brunch or picnic with our delicious soup.



go meal or snack

Moe Mint-Har-Gar soup is also the perfect

way to curb your cravings on the go. Have it as an instant soup or add your protein to make it even more delicious.



Perfect for Serving at gatherings

Moe Mint-Har-Gar soup serves as an amazing snack or mini meal for an outdoor brunch, barbeque or a dinner with friends and family.

Time-Saving

Easy to make







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