Shan Tofu **Chickpea Flour Mix**

GMO free

Vegan

100% NATURAL



Proudly Present

MADE IN CANADA

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Get Healthy And Delicious Tofu Ready In Less Than <mark>5 Mins</mark>

SHAN TOFU

Chickpea Flour Mix



GLUTEN free

Packed With Proteins



Rich In Fibre



May Help Manage Weight



Good For Blood Sugar Regulation



Everyday Meals

Moe Shan Tofu Can Be A Staple In Everyday Cooking. You Can Use It In Breakfast Scrambles, Stir-Fries, Salads, Sandwiches, And More.



Holiday Meals

Moe Shan Tofu Can Be Incorporated Into Holiday Feasts As Part Of Vegetarian Or Vegan Options. For Example, It Can Be Used In Vegan Stuffing, Tofu-Based Roasts, And Creamy Tofu-Based Desserts



Salads & Appetizers

Moe Shan Tofu Can Be Blended Into Or Used As A Base For Salad Dressings. It Can Also Be Used In Appetizers Like Tofu Skewers, Tofu Spring Rolls, Or As A Base For Dips And Spreads.

Quick and Easy



home - served snack



Soak the tofu mix in 200 ml of water.



Stir continuously until it achieves the desired consistency.



Bring 500 ml of water to a boil and add the soaked tofu mix.



Once it's ready, cool and cut into pieces.

One pack serves upto three

Try out this Healthy addition to your meals











